

BIO-DATA

Name : Dr.I.Maheswari, M.Sc., B.Ed., Ph.D., SET., NET
Designation : Assistant Professor
Specialization : Food Science and Nutrition, Nutrition and Dietetics
Community Nutrition, Food Processing and preservation,
Food product Development
Date of Birth : 02.06.1981
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EDUCATIONAL QUALIFICATION:

Course	College / University	Year of Passing	% of Marks
Ph.D (Food Science & Nutrition)	Gandhigram Rural Institute, (Deemed to be University) Dindigul	2023	70%
B.Ed (Home Science)	Lakshmi College of Education, Gandhigram, Dindigul.	2008	81%
M.Sc (Food Science & Nutrition)	Tamil Nadu Agricultural University, Coimbatore.	2003	91.7%
B.Sc (Home Science)	Gandhigram Rural Institute, (Deemed University) Dindigul	2001	63.7%
HSC	Nirmala Girls Hr.Sec.School, Madurai	1998	63%
S.S.L.C	Nirmala Girls Hr.Sec.School, Madurai	1996	65.8%

NET/SLET/ QUALIFICATION

Name of the Eligibility Test	Subject	Month & Year of Passing	Conducted by
State Eligibility Test (SET)	Home Science	August 2011	Bharathiyar University, Coimbatore
National Eligibility Test (NET)	Home Science	June 2013	UGC, New Delhi

PROJECTS DONE:

Ph.D Research Title : Quality evaluation of food products substituted with rice bran protein Concentrate

M.Sc : Processing, Preservation and Product development from Guava pulp.

B.Sc : Awareness on health care among the selected diabetic persons.

ADDITIONAL QUALIFICATION

Diploma obtained	Institution Studied	Year of passing	Class or Grade	Specialization
DCA	Mother Computer Academy, Kariapatti, Virudhunagar	2007	1 st Class	Diploma in Computer Applications

TRAINING PROGRAMME

Name of the Training	Institution studied	Year
Doll Making (Soft toys)	Centre for Entrepreneurship Development, Gandhigram Rural Institute, Gandhigram	1999

CERTIFICATE COURSE

Name of the Certificate course	Institution studied	Year
Ms office'97	Gandhigram Rural Institute, Gandhigram	1997
Visual Basic	Gandhigram Rural Institute, Gandhigram	1997
First aid course	St. John Ambulance Association, Manapparai centre	2009

WORKING EXPERIENCE:**1. Teaching experience in UG course**

Teaching Experience (As per UGC RGNF Guidelines during Ph.D Number of periods taken per week in graduate course)

Sl. No	Institution	Duration	Number of periods taken per week in graduate course
1.	Department of Home Science, Gandhigram Rural Institute, Deemed to be University	September 2015- February 2016 March 2016 – September 2016 October 2016- February 2017 March 2017 – September 2017 October 2017- February 2018	4 hrs /week 6 hrs / week 4 hrs /week 4 hrs /week 4 hrs /week

2. Teaching experience in PG course

Sl. No	Institution	Position	Handling UG/PG course	Duration		Total Years of Service
				From	To	
1	Mother Teresa Women's University, Extension and Research Centre, Madurai campus, Killakuiylkudi, Madurai	Guest Faculty	PG	16.09.2021	31.04.2023	1 year 2 months

Research Guidance:

S. No	Year	Degree	Awarded
1	2022	PG	11
2	2023	PG	7
3	2024	UG	6

3. Teaching experience in UG course

Sl. No	Institution	Position	Handling UG course	Duration	
				From	To
1	Mannar Thirumalai Naicker College, Pasumalai, Madurai	Assistant Professor	UG	17.05.2023	Till date

4. Teaching Experience in Handling Higher secondary classes

Sl. No	Institution	Position	Teaching	Duration		Total Years of Service
				From	To	
1.	Government Higher Secondary School, Kariapatti, Virudhunagar	Nutrition subject teacher	Higher Secondary Class (+1 and +2)	04.09.2005	03.10.2007	2 years 1 month

5. Research Experience

S.No	Title of the project	Post held	Employer	Funding Agency	Period of employment	Years/ Months
1	Developing Community based approach for prevention of anaemia among young rural women in Virudhunagar District	Senior Research Fellow	Dean, Home Science College and Research Institute, TNAU Madurai	DST, New Delhi	19.08.2010-31.11.2012	2 Yrs 2 months
2	Value Added Products from Yeast Fermented Heat Stabilized Defatted Rice Bran	Senior Research Fellow	Dean, Home Science College and Research Institute, TNAU Madurai	UGC, New Delhi	28.12.2012-22.11.2014	1 Yr 8 months

MEMBERSHIP

1. Nutrition Society of India (NSI) : Life Membership (ID No.LM-2010-186)
2. Indian Dietetic Association (IDA) : Life Membership (IDA/12507)
3. ASTM : International Student Member (Number 1969737)
4. Glacier Journal Research Foundation : Life Membership

AWARDS

: 11 Nos

Details of Awards

S. No	Name	Institution	Purpose of Award	Year
1.	Dr.I.MAHESWARI	Global Management council , Glacier Journal Research Foundation, Ahmedabad	Outstanding performance in research and publication	2024
2.	I.MAHESWARI	Bharathi Yuva Kendra trust, Kochadai, Madurai.	Swami Vivekanandha Award	2018
3.	I.MAHESWARI	Rev.Jacob Memorial Christian College, Ambilikkai, Dindigul	Best Poster Presentation Award	2016
4.	I.MAHESWARI	University Grant Commission, New Delhi	Rajiv Gandhi National Fellowship Award	2015
5.	Dr.P.S. GEETHA & I.MAHESWARI	Gandhigram Rural Institute-Deemed University, Gandhigram, Dindigul District,	Best Oral Presentation Award	2013
6.	I.MAHESWARI	University Grant Commission, New Delhi	National Eligibility Test Award	2013
7.	I.MAHESWARI	Bharathiyar University	State Eligibility Test Award	2011
8.	I.MAHESWARI	Lakshmi College of Education, Gandhigram.	Chikkaponnu Endowment Award	2009
9.	I.MAHESWARI	Lakshmi College of Education, Gandhigram.	Certificate of Merit	2009
10.	I.MAHESWARI	District Educational Department, Virudhunagar	Felicitation award	2007
11.	I.MAHESWARI	Indian Red Cross Society, Madurai	Outstanding Humanitarian service award	1999

VOLUNTEER ACTIVITIES

- NSS

PUBLICATIONS : 10 Nos

S. No	Author (s)	Title of the Article	Name of the Journal	Volume Issue & Page No	Year of Publication	ISSN No./Impact factors
1.	Suriyapriya Seetharaman and I.Maheswari	Physical and Functional Properties of Karunkuruvai Rice	Journal of Xidian University	VOLUME 17, ISSUE 12, Scopus and UGC care Group 2 multidisciplinary journal Pg:1041-1046	December 2023	DOI:10.37896/jxu17.12/095 ISSN No:1001-2400 Impact factor:5.4
2.	M.Priyadharshini and I.Maheswari	Anthropometric Measurements of Precocious Puberty Children In Madurai District	Journal Of Composition Theory	Volume XVI, Issue IX, Scopus and UGC care Group 2 multidisciplinary journal Pg:46-54	September 2023	ISSN : 0731-6755, Impact factor:5.3
3.	M.Priyadharshini and I.Maheswari	Lifestyle pattern and food habits of precocious puberty children in Madurai District	Journal of Xidian University	Volume 17, Issue 9, Scopus and UGC care Group 2 multidisciplinary journal Pg:582-588	September 2023	DOI:10.37896/jxu17.9/051 ISSN : No:1001-2400 Impact factor:5.4
4.	I.Maheswari and R. Sahul Hameed	Proximate analysis and organoleptic evaluation of baker's yeast fermented rice bran protein concentrate incorporated spaghetti	Journal Of Composition Theory	Volume XVI, Issue IX, Scopus and UGC care Group 2 multidisciplinary journal Pg:131-138	September 2023	ISSN : 0731-6755, Impact factor:5.3
5.	I.Maheswari and R. Sahul Hameed	Comparison of rice bran protein through different methods of extraction	Journal of Emerging Technologies and Innovative Research	volume-8, issue-10, pp-d679-687	October 2021	UGC Sr.No.63975, Impact Factor :7.95 ISSN : 2349-5162
6.	I.Maheswari and R. Sahul Hameed	A Study on chemical and functional Properties of defatted rice bran	Global Journal for Research Analysis	volume-7, issue-6, pp-10-12	June-2018	UGC Sr.No.49177, Impact Factor : 5.156

7.	I.Maheswari and R. Sahul Hameed	ANAEMIA: A Public Health Concern?	International Journal of Current Advanced Research	Volume 7; Issue 6(A); 13157-13163	June-2018	ISSN: P: 2319-6505 Impact Factor: 6.614
8.	Sahul Hameed.R and I.Maheswari	Rice Bran as a Functional Food Ingredient	International Journal of Recent Trends in Engineering and Research (JRTER)	Vol:2, Issue No:6, Pg.444-447	June 2016	Impact factors: 3.34
9	Geetha P. S, I. Maheswari , R. Anandham and B. Nallakurumban	Heat stabilized defatted rice bran (HDRB) fermented with Saccharomyces cerevisiae var MTCC 3813 to enhance the protein content with bio activity	International Journal of Scientific and Research Publications	Volume 5, Issue 4	April 2015	ISSN 2250-3153
10.	P.S.Geetha, SA Thirumaran, I.Maheswari	Probiotic enriched noodles and bread from fermented cassava flour	Probiotics in Sustainable Food Production: Current Status and Future Prospects - Probiotic Foods	Pg.136-142	2013	ISBN 978-93-82338-47-5

Book Publication – 1 Number

S.No	Title of the Book / Chapter	Publisher	ISSN/ISBN No
1.	உலர் மலர் தொழில் நுட்பங்களும் அதன் வணிக முறைகளும்	Babu offsets	ISBN : 81-903681-1-8

Book Chapters -9 Numbers

S. No	Name of Authors	Title of the Book	Publisher	Year of Publication	ISBN/ ISSN No
1.	I.Maheswari, Saraswathi Eswaran, P.Banumathi, S.Amutha	அறிவியல் தமிழில் வேளாண்மை- மாநில கருத்தரங்கம்	Babu offsets	2010	(ISBN No : 978-81-906168-6-7)
2.	A.Jeyakumar and I.Maheswari	National conference on Integration of Modern technologies in teachers education	Mercury printers & publishes	2012	(ISBN No : 978-93-5001-3987-4)
3.	Saraswathy Eswaran, Samuel Jesuda, P.Banumathi and I.Maheswari	International symposium on 100 years of rice science and looking beyond	TNAU, Coimbatore	2012	-

4.	P.S.Geetha, A.Susheela Thirumaran and I.Maheswari	Probiotics in sustainable food production current status and future prospects	Bonfring	2013	(ISBN No : 978-93- 82338-47-5)
5.	I.Maheswari, Saraswathy Eswaran, P.Banumathi, S.Amutha and P.S.Geetha	Ergonomics for enhanced productivity	Excel India , New Delhi	2013	(ISBN No :978-93- 82880-43-1)
6.	P.S.Geetha, B.Nallakurumb an, I.Maheswari, S.Gowri and S.Logeswari	Ergonomics for enhanced productivity	Excel India , New Delhi	2013	(ISBN No :978-93- 82880-43-1)
7.	I.Maheswari and R.Sahul Hameed	National Seminar on “Inclusion of children with disabilities – Challenges and Concerns	Excel India , New Delhi	2016	(ISBN : 978-93- 85777-12-7)
8.	I.Maheswari and S.Jeya bharathi	National Conference on “Biotanicals and phytochemicals: the challenges and promise for health care and drug development”	Publication Department, Rev.Jacob Memorial Christian College, Ambilikkai, Dindigul	2016	-
9.	S.Jeya Bharathi and I.Maheswari	National Conference on “Biotanicals and phytochemicals: the challenges and promise for health care and drug development”	Publication Department, Rev.Jacob Memorial Christian College, Ambilikkai, Dindigul	2016	-

Booklets – 4 Numbers

S.No	Name of the Book	Authors	Year
1.	Value added products from Green leafy Vegetables	Mrs.I.Maheswari Dr.P.Banumathi Dr.S.Amutha	2012
2.	கீரைகளிலிருந்து மதிப்பூட்டப்பட்ட உணவுப் பொருட்கள்	திருமதி.இ.மகேஸ்வரி முனைவர்.ப.பானுமதி முனைவர்.சு.அமுதா	2012
3.	உலர் மலர் தொழிறநுட்பங்கள் மூலம் சுய உதவி குழுவின்கான தொழில் முனைவோர் வளர்ச்சித் திட்டங்கள்	திருமதி.இ.மகேஸ்வரி முனைவர்.பா.ச.கீதா முனைவர்.ப.பரிமளம்	2014

4.	Entrepreneurial development programme for self help group member through dry flower making technologies	Mrs.I.Maheswari Dr.P.S.Geetha Dr.P.Parimalam	2014
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Popular article – 1 No

S.No	Authors	Title	Publisher	Vol/issue/page no	Year
1	Geetha P.S., I. Maheswari and B.Nallakurumban	நொதிக்கப்பட்ட அரிசி தவிட்டின் பயன்பாடுகள்”	உழவரின் வளரும் வேளாண்மை, Tamil Nadu Agricultural University	மலர் 5, இதழ் 6, pg.No:35-36.	2013

Faculty Development Programme attended – 15 Nos

Sl. No	International /National FDP Attended	Organized by	Period
1	One day Intellectual Property Awareness/ Training programme	National Intellectual Property Awareness Mission, Government of India, Ministry of commerce and Industry, Department for promotion of Industry and Internal Trade	11.03.2024
2	Three days Faculty Development Programme on “Research innovations, patenting & quality publications”	Department of MCA, Fatima College, Madurai	26.02.2024 to 28.02.2024
3	Three days International online FDP on “AI Tools for Research and Publishing	Department of Artificial Intelligence, Mannar Thirumalai Naicker College, Madurai	14.02.2024 to 16.02.2024
4	Six days Faculty Development Programme on “ Nutraceuticals & Food science”	AICTE Training and Learning (ATAL) Academy	27/11/2023 to 02/12/2023
5	Two days Faculty Development Programme on “ Design Thinking”	ICT, Academy	22.11.2023 to 23.11.2023
6	Five days International online Faculty Development Programme on “Outcome Based Education”	Tamil Nadu Teachers Education University and Dr.M.G.R Educational Research Institute, Faculty of Education and Academic	05.06.2023 to 09.06.2023
7	National Faculty Development Programme in Home Science “INSIGHT”	PG Department of Home Science, funded by IDP, OHEPEE, Rama devi Women’s University, Vidya vihar, Bhubaneswar, Odisha	14.02.2022- 19.02.2022
8	National Faculty Development Programme on “What, Why and How of patents”	Department of Biotechnology under DBT Star college scheme, V.V.Vanniaperumal college for women, Virudhunagar, Tamil Nadu	14.02.2022
9	State level Faculty Development programme on Enhancing quality by unearthing innovative practices-EQUIO 2022	IQAC of Mannar Thirumali Naicker College, Madurai and A.P.C, Mahalaxmi college for women, Thoothukudi.	18.04.2022 - 24.04.2022

10	National level Faculty Development Programme on “Enhancing teaching and creating an effective learning process in the contemporary Era”	Department of Business Administration, Hindusthan College of Arts and Science, Coimbatore	22.09.2021 – 28.09.2021
11	International level faculty development programme on “Emerging research advances and trends in Intelligent knowledge engineering systems”	Sri Sai Ram Institute of Technology, West Tambaram, Chennai.	30.09.2021 - 06.10.2021
12	Faculty Development Programme on Research and Extension	Department of Zoology, UGC Paramarsh Scheme, Ayar Nadar Janaki Ammal College, Sivakasi.	23.09.2021- 25.09.2021
13	National Level Faculty Development Programme on “Emphasizing the centrality of marketing of business”	Center for Management Studies, Jain (Deemed to be University)	20.09.2021- 24.09.2021
14	Teaching learning and research pedagogy for excellence in education	Internal quality assurance cell of ST.Joseph’s college, Kovur, Chennai	20.09.2021- 24.09.2021
15	Research Challenges for Beginners	Department of Computer Science and Research Centre, Thassim Beevi Abdul Kader College for Women, Killakarai, Ramanathapuram	13.09.2021 – 17.09.2021

DETAILS OF SEMINAR / WORKSHOP/TRAINING ATTENDED /PRESENTED

International :16 Nos

National : 14 Nos

State : 6 Nos

Sl. No	Name of the Seminar/Conference/ Training	Organized by	Period	Presentation / Participation
	International			
1	International conference on Emerging strategies in Nutrition, Food and lifestyle for health management	Department of Nutrition and Dietetics, Seethalakshmi Ramaswamy College, Tiruchirappalli	30.01.2024 and 31.01.2024	Participation
2	International conference on “Emerging Trends, Growth, Opportunities and future in food processing sectors”	PG Department of Food and Nutrition, Bishop Heber College, Tiruchirappalli	28.04.2022- 29.04.2022	Participation
3	International Conference on “Recent Progresses in Biological Sciences:	Ayya Nadar Janaki Ammal college, Sivakasi	04.03.2022- 05.03.2022	Oral presentation
4	Conference on phytocolorants for culinary value an aesthetic appeal”	Department of Botany and Home Science, Sri meenakshi Arts College for women, Madurai	04.03.2022	Oral presentation
5	International conference on Applied biology for sustainable development	PG department of Zoology and research centre, Sri Parasakthi college	21.03.2022- 22.03.2022	Oral presentation

6	International e-conference on “ Novel nutrition approach and Emerging opportunities to sustain in pandemic scenario”	Department of nutrition and dietetics, mount carmel college, Bengaluru and association with IIRB remote centre, women’s polytechnic college, puducherry	15-18 th June 2020	Participation
7	International Symposium on “Nutritional Insights into Ageing and Neurodegenerative Disorders”	Indian Dietetic Association, Kilakarai chapter	18 th January 2020	Participation
8	International Conference on “Bioresource Technology for food, energy and environmental sustainability”	Department of Biology, The Gandhigram Rural Institute, Deemed to be University, Gandhigram	8-10 th January 2020	Participation
9	UGC sponsored International Seminar on “Recent Trends in Food Processing Technology”	Department of Food Science and Technology, Arul Anandar College, Karumathur, Madurai	19 th January 2019.	Participation
10	International Smposium on “Innovations and advancements in Agriculture and plant Sciences”	Dhanalakshmi Srinivasan Agriculture college, Perambalur	23 rd May 2018	Poster Presentation
11	International Conference on “New Horizons, emerging challenges and recent paradigms in food mediated immunity and their role in human and longevity	PG & Research Department of Zoology and Department of Immunology and Microbiology, The American college (Autonomous) Madurai	31 st August and 1 st September 2016	Poster Presentation
12	The first international conference on food nutrition and health (ICFNH-2016) on food and health for everybody, everywhere	Department of food and nutrition research centre, Thassim beevi abdul kader college for women, Ramanathapuram District, TamilNadu	7 th and 8 th June 2016	Poster presentation
13	“International symposium on emerging trends in Bio-Chem-Nutraceuticals”	Department of chemistry, Zoology and home science with food biotechnology, Fatima College, Madurai	December 4, 2015.	Participation
14	“International satellite symposium on Emerging Trends in Nanotecnology”	Department of Home Science and Research Centre and Department of Chemistry, Tahassim Beevi Abdul Kader College for Women Killakarai, Ramanathapuram	17 th & 18 th December, 2015.	Participation

15	3 rd INCOFTECH -2013 An International Conference on Food Technology Food Processing technologies – challenges & solutions for	IICPT, Thanjavur, India	4 th and 5 th January 2013	Poster Presentation
16	International conference on Food and Nutraceuticals for nutrition and health: technology and delivery	Department of Food Science, Periyar University, Salem	20 th to 22 nd Jan 2011	Oral Presentation
	National – 14 Nos			
1	National conference on “Role of Home Science in achieving sustainable Development goals”	Department of Home Science, Government Arts college for Women, Sivagangai	04.03.2024	Participation
2	Indian social science congress	Bharathidasan University, Tiruchirappalli	27 th to 31 st January, 2023	Oral Presentation
3	National seminar on “Thrust areas in biotechnology”	Department of biotechnology under DBT star college scheme, V.V.Vanniaperumal college for women, Virudhunagar, Tamil Nadu	14.03.2022	Participation
4	National conference for bio-Industries sustainable livelihood	Department of Biology, The Gandhigram Rural Institute-Deemed to be University, Gandhigram	27 th and 28 th March, 2018	Oral Presentation
5	National Seminar on “Emerging trends in processing and value addition of small millets”	Tamil Nadu Agricultural University, Coimbatore and DHAN foundation, Madurai.	22 nd and 23 rd September, 2017	Participation
6	National Level Seminar on “Hurdles to horizon-Emerging trends in food technology	Department of Food Science and Technology, Arul Anandar College (Autonomous), Karumathur, Madurai	28 th January, 2017.	Participation
7	National Level Seminar on “Functional foods to achieve nutrition and health security”	Department of Food Science and Nutrition, Home Science College and Research Institute, Madurai	19 th September 2016	Poster Presentation

8	National Conference on “Advances in Biological and Environmental Sciences”	Department of Biology, Gandhigram Rural Institute-Deemed University, Gandhigram	25 th & 26 th February, 2016	Poster Presentation
9	National Conference on “Biotanicals and phytochemicals: the challenges and promise for health care and drug development”	Department of Biochemistry, Rev.Jacob Memorial Christian College, Ambilikkai, Dindigul	4 th February, 2016.	Oral Presentation
10	National Seminar on “Inclusion of children with disabilities – Challenges and Concerns	Department of Home Science Gandhigram Rural Institute-Deemed University, Gandhigram	21 st & 22 nd January 2016	Poster Presentation
11	National seminar on Probiotics in sustainable food production current status and future prospects	Faculty of Agriculture and animal husbandry, Gandhigram Rural Institute, Gandhigram	15 & 16 th March 2013	Oral Presentation
12	National Seminar on Ergonomics for enhanced productivity	Department of Family Resource Management, HSC&RI, Madurai	18 th & 19 th Feb 2013	Oral Presentation
13	National level Technical symposium, ZELOs’11	Kongu Engineering College, Perundurai	21 st Feb 2011	Oral Presentation
14	National seminar on Value addition of soya for better utilization	Home Science College & Research Institute, Madurai	14.02.2002 to 16.02.2002	Participation
	State level-6Nos			
1	3 rd Annual state conference on “clinical nutrition”	The Alpha hospital and research centre, Madurai	18 th February 2017	Participation
2	State Level Seminar on “Therapeutic potential of low carb high fat diet-an overview	Department of Home Science, Sri Meenakshi government arts college for women (Autonomous), Madurai	7 th January, 2017	Poster Presentation
3	Seminar on “Online Resources and tools for research	Dr.G.Ramachandran library, The Gandhigram Rural Institute-Deemed University, Gandhigram	14 th November, 2016	Participation
4	2 nd Annual symposium on “clinical nutrition”	The Alpha hospital and research centre, institute of diabetes and endocrinology, Madurai	19 th March 2016	Participation
5	One day seminar on From peace in the home to peace in the world	Society for community organization trust, and Department of Home Science Extension, HSC&RI, Madurai	4 th December 2013	Participation

6	State level அறிவியல் தமிழில் வேளாண்மை- மாநில கருத்தரங்கம்	Agricultural College & Research Institute, Madurai	7.10.2010 & 8.10.2010	Oral Presentation
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Training attended – 5 Nos

Sl. No	Training Attended	Organized by	Period
1.	Online training programme on “Processing and Value Addition of Fruits and Vegetables”.	Food Processing Business incubation centre, Indian Institute of Food Processing Technology (IIFPT), Thanjavur	29.07.2020
2.	Research Methodology in Social Sciences	Association of Indian Universities and Pondicherry University, Puducherry	18.09.2018 to 24.09.2018.
3.	“Accessibility and Universal Design”	Department of Home Science, The Gandhigram Rural Institute (Deemed to be University), Gandhigram	01.08. 2018.
4.	Accessibility and Universal Design	Department of Home Science, The Gandhigram Rural Institute (Deemed to be University) Gandhigram	1.08.2018
5.	Research Methodology Training Programme for SC&ST research scholars in social sciences	Rajiv Gandhi National Institute for youth development, Sriperumbudur and Department of Lifelong Learning and Extension, The Gandhigram Rural Institute, Gandhigram	25.06.2016 to 29.06.2016

Workshops Attended – 8 Nos

Sl. No	a. Workshops Attended	Organized by	Period
1.	International workshop on “Selecting the right journal and understanding the publication process	Centre for research and development, Thassim Beevi Abdul Kader College for women, Kilakarai	23.10.2021
2.	Online National workshop on “Nutritional sustenance through dairy products: Initiatives and strategies”	College of Food and Dairy Technology, Faculty of Food Sciences, Koduvelli, Chennai	01.06.2020
3.	National Workshop on “e-Content Development”	Centre from curricular research, Policy and Educational Development, School of Education, The Gandhigram Rural Institute, Gandhigram	25.02.2019 – 01.3.2019
4.	National Workshop on “Alert and Access of online resources”	Dr.G.Ramachandran Library in Association with National Digital Library of India, The Gandhigram Rural Institute (Deemed to be University) Gandhigram.	25.01.2019.
5.	Emerging technology in processing and value addition of millets for better utilization	Home Science College and Research Institute, TNAU, Madurai	13.03.2014 & 14.03.2014

6.	Workshop on consumer rights	Dept.of Home Science Extention, HSC&RI, TNAU ,Madurai	19.08.2013
7.	Awareness programme on entrepreneurship	MSME& Dept.of Home Science Extention, TNAU, HSC&RI,	10.10.2012
8.	TANSCHE (State Level workshop)	PG Department of Home Science, Fatima College, Madurai	28.01. 2009

Training Undergone: 3 Nos

S. No	Nature of Training	Theme	Name of the Institutions	Duration	
				From	To
1.	1 day	Food Fair 2014	Home Science College and Research Institute, TNAU, Madurai	13.11.2014	
2.	3 days	Dry flower processing	Home Science College and Research Institute, TNAU, Madurai	12.05.2014	15.05.2014
3.	3 days	Rice bran processing	Home Science College and Research Institute, TNAU, Madurai	29.12.2015	31.12.2015

Webinar attended – 14 Nos

Sl. No	International /National webinar Attended	Organized by	Period
1	National webinar on medicinal values of Indian traditional foods	Department of Tamil and Home Science, V.V.Vanniaperumal college for women, Virudhunagar, Tamil Nadu via virtual mode	03.03.2022
2	National Webinar on “Evidence based updates on diet and diabetes”	Department of Home Science and Centre for Research, St.Teresa’s College, Ernakulam, Kochi, Kerala.	12.11.2021
3	National Level Webinar on “Teaching is Reaching”	Centre for Research and Development, Thassim Beevi Abdul Kader College for Women, Kilakarai	21.09.2021
4	Webinar on “ Immune Boosting: Need of the Hour”	Department of Home Science, The Gandhigram Rural Institute, Dindigul.	11.02.2021
5	Webinar on “ Life style modification and diabetes”	Department of Home Science, The Gandhigram Rural Institute, Dindigul.	12.02.2021
6	Webinar on “ Entrepreneurship in food industry”	Department of Home Science, The Gandhigram Rural Institute, Dindigul.	16.03.2021
7	Webinar on “Paradigms of research in Home Science”	Department of Home Science, The Gandhigram Rural Institute, Dindigul.	15.03.2021
8	National webinar on “ Lifestyle and immunity during covid-19”	Department of Food Science and Nutrition, Avinashilingam Institute for Home Science and Higher Education for women, Coimbatore, Nutrition Society of India, Coimbatore and nutrition Association.	12.06.2020
9	International webinar on “Critical care and Renal Nutrition online programme”	CURI hospital and IDA, Chennai Chapter	01.06.2020-03.06.2020

10	Webinar on “ Tabacco cessation in Covid-19 pandemic”	IDA Kilakarai Chapter and Department of Home Science and Research centre, TBAK college for women, Kilakarai	31.05.2020
11	Webinar on “Nutritional awareness to thrive in Covid-19 world”	Department of Food Science and Nutrition, Periyar University, Salem	21.05.2020
12	National Webinar on “Urkund-live demo”	Dr.G.Ramachandran Library in Association with National Digital Library of India, The Gandhigram Rural Institute (Deemed to be University)	20.11. 2020.
13	National Webinar on “Grammarly-live demo”organized by Gandhigram	Dr.G.Ramachandran Library in Association with National Digital Library of India, The Gandhigram Rural Institute (Deemed to be University)	17.11.2020.
14	Webinar on “Health and well being during covid-19 pandemic”	PG and Research department of Microbiology, Biochemistry and Nutrition and Dietetics, Sengamala thayaar educational trust women’s college, Tiruchirappalli	01.06.2020